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The Simple Joy of Eating Well

Recovering a friendly relationship with food and the experience of eating

Speakers:

Ginny LARACY—Therapist

Karen LE BILLION—Author

José PORRO—System Analysis and Design Director

Saturday, January 14, 2017 at 11:30 AM Metropolitan Pavilion, Ground Floor Auditorium 125 West 18th Street (between 6th and 7th Ave), New York

The conference is open to the public and free of charge.

New York Encounter www.newyorkencounter.org

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